

THE MONTESSORI PARENT

The work we can do as parents to
bring Montessori into our daily lives

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by Simone Davies, The Montessori Notebook

GUIDE THE CHILD

FOLLOW THEIR LEAD

*What is your child interested in today?
How can we explore this?
eg, if they are climbing off the back
of the sofa, how can we provide
them climbing opportunities?*

SET SAFE LIMITS

*Even though they are interested, it's
ok to calmly step in to stop behaviour
you don't like.
eg, your child hits you, "I can't let
you hit me. My safety is important"*

LET'S FIND OUT TOGETHER

INCLUDE YOUR CHILD IN DAILY LIFE

*Set up spaces for them to be
included; to have success; have
conversations, incorporate beauty +
nature in every day life
Empowers the child, teaches them
skills, and they feel valued*

HANDS ON LEARNING

*Rather than just telling your child
the answer, find ways to let them
make discoveries for themselves
For a baby, allow them to
explore the world with hands
and mouth; for a primary kid it
may be going to the observatory
to learn about the stars*

ACCEPT YOUR CHILD FOR WHO THEY ARE

CELEBRATE WITH MODERATION

*Kids don't need you to be their
cheerleader telling them they are
great. But they love to hear that
you noticed their efforts
eg, "I'm excited for you"*

IN DIFFICULT TIMES

*- Give empathy for all those big
feelings
- Step in before it escalates
- Help them calm down
- Then help them to make amends
It's not easy to allow all feelings,
but they need to come out.*