

guess the feeling



feeling at birth

- bright lights
- voices and other sounds
- temperature change
- skin to skin feel
- first breath
- instinct to suck

breast or bottle feeding

- sweetness on your tongue
- smell of mother/adult feeding you
- eye contact with adult
- background sounds while feeding
- emotional environment of the adult – are they calm, tense etc?

meeting family

- voices
- focusing on faces/eyes/other details
- their smells
- movement of people
- being supported by
topponcino (soft quilted pad)

rolling over

- effort to move from front to back or back to front
- feeling unsteady
- being surprised to have flipped over
- reaching for something out of reach
- feeling the softness/hardness of ground beneath you

visual development

- watching the mobile turn tracking with your eyes
- moving head to follow the mobile
- tongue comes out as you concentrate
- make small sounds as you watch
- hands come together while lying on the mat

auditory/grasping

- seeing a bell hanging and enjoying the shine as it is hit by light
- the jingle
- spontaneously stretching hands and hitting it
- realising it jingles everytime you hit it
- intentionally trying to hit it many times
- succeeding!

eating solids

- delight in bringing food to mouth
- sweetness of banana
- texture of yogurt on face, cheeks and lips
- holding onto a bread stick and bringing to mouth
- tongue feeling and tasting something new

clapping hands & waving

- two hands successfully come together
- smile on face
- sound of clapping is new to your ears
- waving your arm/hand and someone waves back
- hearing someone say "bye bye" and raising arm

speaking

- hearing yourself say “dada”
- the look on your parent’s/adult’s face
- someone repeats it
- the feeling of you knowing you are understood
- non-verbal communication like hands up to be picked up

balance bike to cycling

- you are on the balance bike and push with your feet to go faster
- you lift your feet to balance
- you try a new bike with pedals and your mum or dad are behind you holding on. the person lets go and you pedal a couple of times before stopping
- you pedal 5 times – you are cycling by yourself!
- your heart is pounding with excitement

addition

It's your 4th birthday! You wake up with one thought on your mind! I will get a lesson on addition today! There are 3 of you, one of your really good friends and another older child that you like to observe! Today you get to work on that game that they have been working on! You lay out your mat and you number cards, grab your tray and wait... Your guide whispers a number. You get it with excitement. Everyone gets their number and now addition! We put them all together and you get to count and bring the big cards! You even get to do the magic slide and read the new big number! You are 4 and can now do addition!

getting water to drink

- you are thirsty
- you collect a glass and carry it with two hands, they tell you it's "fragile"
- you press the button, water comes out, you press it again and again
- there is water on the floor, you find a cloth and wipe it
- you drink the water – it's so fresh, some spills on your shirt and feels wet

maximum effort

You see your mum/dad/carer sitting at a desk and you want to sit beside her. Looking around for a solution. You spot a chair that looks big but you think you can carry it! You walk over to it and lift it, push it and keep moving it. No one stops you or tries to help. You feel good with every step and then you get to the table! right beside your mum! Just where you want it. You climb unto it, pleased with your effort and success.

peeling a banana (toddler)

- you get excited to see bananas in the bowl ready to cut
- you peel off one piece of peel and take it to the bin, you repeat until the banana is peeled
- you practice the foot pedal on the bin, it closes when you try to put the banana peel in
- the texture of the skin on your hand
- you slice the banana and put it in the bowl, and one in your mouth to taste. delicious!

flower arranging

- you go outside to choose a flower and watch some butterflies
- you smell the flowers and cut some to bring them inside
- you look at the colours and texture of the petals
- you use a funnel to pour water into the vase, you use a sponge to clean up the droplets
- you choose a doily to place under the vase and choose a special place for the vase

folding

Seeing a piece of clothing and remembering you just learnt how to fold. Deciding where you will fold it... you put it on a table and then take it to the floor. Yes you are comfortable and it feel just right. You pick up the side and stretch yourself to the other side. Everything seems to disappear. It is quiet and you are so focused on this moment...You keep folding and it keeps getting smaller and you're happy with its size now. You smile, pick it up and take it to your mum/dad/carer and they smile and say thank you. You immediately go find something else to fold. You really enjoyed that last one.

doing an activity blindfolded

- carrying the binomial cube to a table and putting on the blindfold
- the darkness and not being able to see anything
- reaching, feeling
- the satisfaction when it is complete!

taking off a t-shirt

You want to take your shirt off. The adult offers to help. You say "I can do it myself" and they step back. You take out your hands and smile. Now to get it past your elbows... It is a bit of a struggle but you know you can do it! The adult waits patiently... You succeed with the first elbow and then the second! Now it's over your head! You both smile at each other... You do not say it but you think "I knew I could do it!"

using the potty

- feeling the pressure in your lower abdomen
- pulling down your trousers and underwear
- sitting on the potty and hearing the pee-pee splash in the potty
- adult asks if you are ready and wipes you gently
- flushing the pee down the toilet – you did it!

getting home

- take off coat and find your special hook that is just for you
- find the loop and hang it up
- take off your shoes and place them in the basket
- hang up your bag on the hook
- skip off to play – you take care of your things!

first time writing a sound/ letter you recognise

You trace a sandpaper letter and say the sound just like you have done many times. You pick up the chalk, look at the board, take a deep breath and try to write the sound. Your hand feels like it knows what to do! You write it. A friend walks by and says the sound! You did it! And so you write it over and over and over again! Most of them look really good and it is getting easier. You are feeling more confident!

reading a book together

- you choose a book and hand it to an adult, they open the page and you look inside together
- the feeling of snuggling up next to them
- pointing to each page with excitement and naming what you see
- listening to the words as they read the story to you
- the book ends, you ask to read it again, and they reopen the book to start again – you feel happy!

going to the beach

- the feel of the warm sand slipping between your fingers
- eating a sandwich at the beach and crunching on sand
- smelling the smells of the seaside
- splashing in the small waves and jumping in the water
- building a sandcastle or digging a hole

climbing a tree

- the texture of the bark on the tree
- your feet slipping and then finding your footing to climb
- getting higher and looking down
- finding a cosy spot to sit in the fork of the tree
- going backwards to get down

going to the supermarket

- seeing all the colours
- when you know the names of the things
- when you're allowed to push the shopping trolley and collect items to place in the trolley
- taking things out of the cool fridge to place in the trolley
- when you scan the items to pay – the sounds of the machine, packing the bags