



Let's play "guess the feelings"

A unique game of charades

Let's explore being a first plane child (birth - 6 years) and how they explore the world with all their senses

Activity designed by Junnifa Uzodike x Simone Davies

20 minutes

play "guess the feelings"

5 minutes

debrief

Materials

a deck of playing cards

Group size

4 - 6 people

Objective

Children in the first plane explore with their senses and are constantly working on their independence. Through this game of charades, we will try to experience and demonstrate some of the feelings that they might experience at different stages during the first plane.

Play the game (20 minutes)

1. One person is the player and the rest of the group are the guessers
2. The player selects a card from the pile and doesn't show anyone
3. The player chooses one of the experiences listed on the card. For example, they might choose "the bubbles on their hands when doing hand washing."
4. The player acts it out for the guessers - no words allowed
5. The guessers need to guess what the child is experiencing, ie, "the bubbles on their hands when doing hand washing!"
6. Choose 3 experiences per card (note: some cards have just one longer experience to act out)
7. Then swap for another player

Reflection (5 minutes)

What did you discover? How did it feel not to be able to communicate with words? Were you able to understand the first plane child in a new way? How might this influence our role as educators/parents and the way we prepare environments for children? **And what does joy look like for the first plane child?**

Use lots of post it notes to record your reflections and stick on the wall!